

HEART TO HEART

Week 1 - Peer Pressure

Week 2 - Go God's Way

Week 3 - God's Way Vs My Way

This 3-week holiday curriculum is based on a series called Heart to Heart by Kids on the Move.

Our hearts are important to God. We can see this when God sends Samuel to anoint the next king of Israel. He says, "People look at the outward appearance, but God looks at the heart." Our heart is the issue, and that is the problem that Jesus came to solve. Our hearts often have the wrong motives, and they urge us to do the wrong things. We rebel against God; we do our own thing. We sin because we chase the desires of our sinful heart instead of chasing God. David was described as a man after God's own heart, and that is what made him the great king that we read about. He made mistakes too, he wasn't perfect, but his heart was in the right place. His motive was to please and serve God. The attitude of our hearts shapes our choices.

Week 1 looks at King Saul's disobedience. God told him not to take anything after defeating the Amalekites, but he chose to give in to the pressure people were placing on him and ended up disobeying God. How often do we give into peer pressure? Where do we need to repent and ask for God's forgiveness?

Week 2 looks at the stories of where David had more than one opportunity to kill King Saul but chose to go God's way and spare his life instead. It would have been easy for David to kill Saul, but he knew it wasn't the Godly thing to do.

Week 3 looks at David versus Saul. We see the difference in heart attitude and how those different heart attitudes led to them each making different decisions. What is your heart attitude? Are you doing things God's way or your own way?

MEMORY VERSE:

"People look at the outward appearance, but the Lord looks at the heart."

1 Samuel 16:7

WEEK 1 - PEER PRESSURE (23 June)

1 Samuel 15

King Saul disobeys God

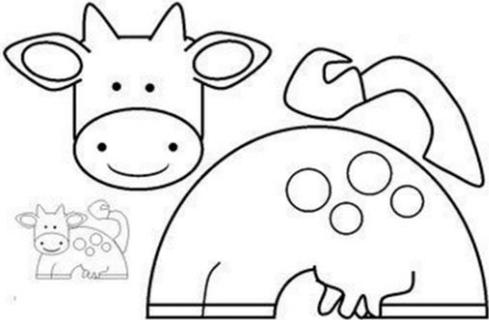
BIG GROUP GAMES	ITEMS REQUIRED
<p>1. LAST MAN STANDING</p> <ul style="list-style-type: none">-Everyone stands up.-The leader/MC will read out a few sentences and if whatever you read is true for any of the kids, they have to sit down.-The last person standing wins! <p>EG:</p> <ul style="list-style-type: none">-Stay standing if you have siblings.-Stay standing if you have pets.-Stay standing if you have travelled outside of South Africa.-Stay standing if you've ever broken a bone.-Stay standing if you are wearing the colour blue.-Feel free to come up with your own! <p>2. CEREAL KILLER</p> <ul style="list-style-type: none">-Select 4 players (2 per team) and give them each a bowl and a spoon.-Then give each team a box of cereal, and a litre of milk.-On your command, contestants' race to see who can finish their box of cereal first.-The first team to finish wins!	<ul style="list-style-type: none">• 2x Boxes of cereal (cornflakes)• 2 x Litres Milk• Bowls and spoons

MEMORY VERSE GAME:

- Create some cool actions to go along with the memory verse and teach this to the kids. Give groups 2 minutes to practice and see who can do it the best.
- Along with learning the actions, they need to learn the memory verse by heart too.
- You can repeat these each week to really let the memory verse sink in.

MEDIA:

- Kids on the move: Heart to Heart Week 1

SMALL GROUP ACTIVITY	ITEMS REQUIRED
<p>COW CRAFT</p> <p>-Colour in and cut out the different parts of the cow and then glue them together as seen on the activity page.</p> <p>COLOURING IN PICTURE</p> <p>-If there is extra time, your kids can colour in the picture of King Saul being told that he should have obeyed and not taken the animals from the Amalekites.</p>	<ul style="list-style-type: none">• Cow Template• Colouring materials• Scissors & Glue  

WEEK 2 - GO GOD'S WAY (30 June)

1 Samuel 24

David lets Saul live

BIG GROUP GAMES	ITEMS REQUIRED
<p>1. PASTA MADNESS</p> <p>-Select as many players as you would like (Make sure you have a bowl of pasta for each contestant) -Contestants race to see who can eat their bowl of pasta the fastest without using their hands.</p> <p>2. CRAZY HAIR</p> <p>-Select a few volunteers to compete. -Pair them up so that there is two per team. -Tell them to choose one person to be the "hairstylist" and one person to be the "client". -Using the hair gel provided, teams need to compete to see who can create the craziest hair style!</p>	<ul style="list-style-type: none">• Cooked Spaghetti • Hair Gel

MEMORY VERSE GAME:

- Have some fun with a memory verse shout off!
- Divide your kids up into 2 or more groups and see who can shout the memory verse out the loudest.
- Make it trickier by having the groups face each other and shout the memory verse out in a back and forth manner. The one group will begin by shouting the first word of the memory verse and the other group will respond with the second word. Carry on until the memory verse is complete; going back and forth between the two groups.

MEDIA:

- Kids on the move: Heart to Heart Week 2

SMALL GROUP ACTIVITY	ITEMS REQUIRED
<p>CAVE CRAFT</p> <ul style="list-style-type: none">-Give each child a brown paper bag.-Stand it up with the opening at the bottom.-Cut out a door as seen in the picture alongside to make it look like a cave.-Write “Go God’s Way” and “Samuel 24” somewhere on the cave to remind yourself of the story we learnt about today where David could have killed Saul in the cave but didn’t. <p>COLOUR IN THE PICTURE</p> <ul style="list-style-type: none">-If there is extra time, your kids can colour in a picture of David sparing Saul’s life. 	<ul style="list-style-type: none">• Brown paper bag• Scissors  

WEEK 3 - GOD'S WAY VS. MY WAY (7 July)

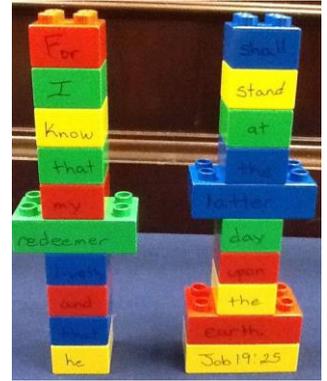
1 Samuel

King Saul vs. David

BIG GROUP GAMES	ITEMS REQUIRED
<p>1. EGG DROP</p> <p>-Select a few volunteers to play. You will need two kids per team.</p> <p>-Make sure you have enough eggs and cups for the number of teams you select.</p> <p>-In their pairs, one person will need to drop the eggs and the other person will need to receive them.</p> <p>-Have the receivers lie on their backs and place the bottom of the cups in their mouths.</p> <p>-The droppers stand directly over their partners' head.</p> <p>-The droppers need to crack open their eggs and try to drop the insides into the plastic cups.</p> <p>-The team that gets the most eggs in the cup, wins!</p>	<ul style="list-style-type: none">• Eggs (3 per team)• Plastic/polystyrene cup (1 per team)
<p>2. BUBBLE BLOWING CONTEST</p> <p>-Select a few kids to play.</p> <p>-Give kids 2 minutes to try blow the biggest bubble.</p> <p>-You can measure each attempt over the duration of the 2 minutes.</p> <p>-The contestant that blows the biggest bubble within the two minutes wins!</p>	<ul style="list-style-type: none">• Bubble gum

MEMORY VERSE GAME:

- Get hold of some blocks (Lego blocks will work, but the bigger you have, the better.)
- Write/stick a word of the memory verse on each block and see which team can stack the memory verse in the correct order in the fastest time.



MEDIA:

Kids on the Move - Heart to Heart Week 3

SMALL GROUP ACTIVITY

PAPER PLANE

- Colour in and cut out the plane.
- Follow the instructions on the activity page to see how to make your plane.
- You can have paper plane flying contests with your groups after your small group time if you like.
- Let the plane serve as a reminder to always do things God's way. We shouldn't deviate off track and do things our own way.
- Pick someone who's plane flies really well to represent going God's way and then use someone else who's plane didn't fly to straight to represent us wanting to go our own way like Saul.
- Which one works out better?
Going God's way of course!

COLOUR IN THE PICTURE

- If there is extra time, your kids can colour in a picture of David as a shepherd.

ITEMS REQUIRED

- Paper plane template
- Paper clip
- Colouring materials
- Scissors & Glue

